



### Meeting Agenda-December 07, 2022

Time	Agenda Topic	Topic Lead
11:30	Welcome	
11:40	Staff wellness	Valerie Bravo, Counselor at Hewitt Elementary
11:55	Digital wellness	Dawn Wible, MISD parent, Founder/CEO <a href="http://talkmoretechless.com">talkmoretechless.com</a>
12:10	Review and discuss MISD Wellness Policy in subgroups	DeeAnn Kleypas Jerry Snider Anne-Marie Zellers Brad Shelton/Jalayne Rinewalt
12:30	Each subgroup shares suggested updates to the current wellness plan	
12:50	Topics for next meeting agenda	DeeAnn Kleypas
	Next meeting on February 22, 2023	
1:00	Adjourn	