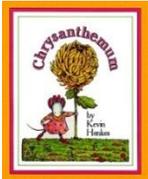


Midway

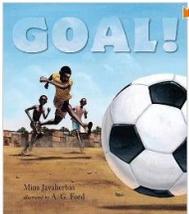
Recommended Reading List

Encourage your children by reading! Books let students know others have been in their same situation, characters can help children define their feelings, plots may offer helpful solutions (or point out what not to do), and the time together with parents will help younger students feel supported.

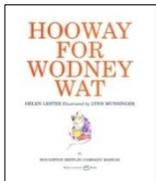
Grades K-3



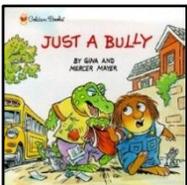
Chrysanthemum by Kevin Henkes (K-3rd grade). Young mouse Chrysanthemum loves her name - until she starts school and finds the teasing of her peers unbearable, especially the imperious Victoria.



Goal! by Javaherbin, Mina. (K-3) In a dangerous alley in a township in South Africa, the strength and unity which a group of young friends feel while playing soccer keep them safe when a gang of bullies arrives to cause trouble.



Hooway for Wodney Wat by Lester, Helen (K - 3rd grade) Rodney Rat, who can't pronounce his R's, is the shyest, most miserable kid in school, until one day he saves his classmates from the mean bully. Appealingly, Wodney doesn't need to overcome his impediment to be liked--and it's the impediment itself and Wodney's clever use of it that foils the villain.



Just a Bully by Mercer Mayer (K-3rd grade) When a big bully starts to pick on Little Sister, Little Critter decides he better stick up for her. The bully stops picking on Little Sister--and starts picking on Little Critter. With a little help from Little Sister, Little Critter finally learns to stand up to the bully.



The Recess Queen by Alexis O'Neill (K-3rd). Mean Jean is the biggest bully on the school playground until a new girl arrives and challenges Jean's status as the Recess Queen.



Bootsie Barker Bites by Barbara Bottner and Peggy Rathman (younger kids) Bootsie does bite and she kicks and is a deliciously mean bully. Our narrator is told by her mother that she must learn to get along with other children. There's a standard comeuppance at the end but the book makes a good start on the care and handling of bullies.

Midway

Recommended Reading List



Goggles! by Ezra Jack Keats - Peter and his friend find a pair of goggles in amongst some discarded junk and must protect them from the neighborhood bullies.



The New Dog by Barbara Shook Hazen with illustrations by R. W. Alley - The new dog for Danny's dogwalking group is the tiny, pampered pet, Tootsie. The older dogs bully and browbeat Tootsie and succeed in getting him in trouble. There is turnabout and vindication.



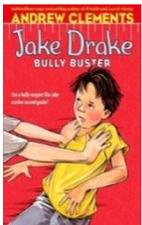
Kevin Henkes handles bullies in at least two of his picture books, **Weekend with Wendell** and **Chester's Way**, and the bullies are dealt with differently in these books. In Wendell, Sophie tames him by asserting herself. In Chester, Lilly frightens them away with her nifty disguise.

Grades 2-6

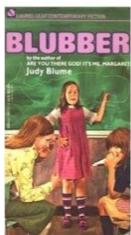
FICTION:



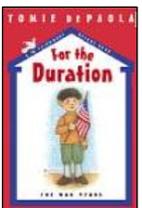
The Annoying Team by Cooper, I. (Grades 3-5) Nine year old Tim starts The Annoying Team at school to seek revenge on the third grade bully. But things get out of hand as the group's activities expand and he learns that he has now become the one with the power.



Jake Drake: Bully Buster by Andrew Clements (Grades 2-5). Jake Drake has his hands full trying to survive in second grade with Link Baxter, the class bully.



Blubber by Judy Blume (grades 3-6). Jill goes along with the rest of the fifth-grade class in tormenting a classmate and then finds out what it's like when she, too, becomes a target.

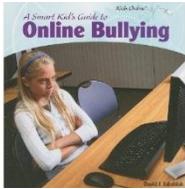


For the duration by DePaola, Tomie (grades 3-6) Tomie's life seems to go on as usual despite the war, and when he falls prey to a group of bullies, Tomie learns what it means to have a battle worth fighting.

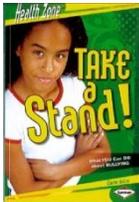
Midway

Recommended Reading List

NONFICTION:



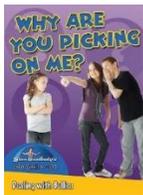
A smart kid's guide to online bullying by Jakubiak, David J. (Grades 2-5) This title in the Kids Online series is a timely warning aimed at elementary students. The short sentences describe ways to stay safe online: "Knowing how cyberbullies work can help you deal with one."



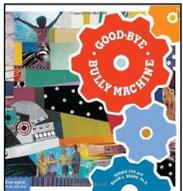
Take A Stand by Golus, C (Grades 2-5) Part of a health zone series, this book defines bullying and provides bully stopper tips for children. The text is easy to read and colorfully illustrated. Provides a clear awareness of bullying and may answer questions for younger student who are experiencing bullying for the first time.



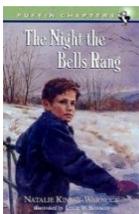
A smart kid's guide to social networking online by Jakubiak, David J. (grades 3-6) A direct approach to teaching Internet safety and research skills. Also provides ways to prevent harassment and to stop cyberbullying once it has begun, which involves keeping evidence and ignoring nasty messages.



Why are you picking on me? : dealing with bullies by Burstein, John (Grades 3-6) Explains what bullies are and why they antagonize others, and offers strategies for students to discourage bullying behaviors, which can include physical or verbal attacks, and what to do when someone becomes the target of a bully.



Good-bye Bully Machine by Fox, Debbie. (Grades 3-6) An illustrated introduction to bullying that provides suggestions to thwart teasing, name-calling, harassment, threats, intimidations, and violence from bullies.

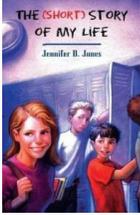


The Night the Bells Rang by Natalie Kinsey-Warnock (grades 3+) This is a gentle story of life in northern Vermont during the first World War. Mason lives on a farm with his younger brother and parents but the heart of the book lies in the perceptions Mason has toward Aden Cutler, a school bully. It's Mason who bears the brunt of that bullying and often, bullies his own brother in anger at his helplessness. He frequently wishes Aden dead. The point of the story is clear but not hammered in.

Midway

Recommended Reading List

Grades 4-8



The (short) story of my life by Jones, Jennifer (Gr. 4-6) Sixth-grader Michael "Mike" Jordan isn't named after the basketball star, but as the shortest kid in class, his name brings some teasing. Along the way, Mike meets eighth-grader Macy, who seems to like him even though he's shorter than she is, and he must face a school bully who won't leave him alone.



Loser by Spinnelli, Jerry (Grades 4-8) This story follows quirky Donald Zinkoff, an awkward, exuberant and outwardly unaffected by the teasing of his peers. His spirited, self-confident character wins the hearts of every reader and teaches students a valuable lesson to respect people for their individuality.



Bad Girls by Cynthia Voigt (grade 5+) is fun. Mikey and Margalo meet in Mrs. Chemsky's fifth grade classroom. For a short time they are rivals but soon team up for disaster. They so effectively deal with the class bully, Louis Caselli, that his resulting rage gets him expelled from school. Mikey is aggressive and defiant. Margalo prefers a sneaky approach but together they make up a challenge for an equally resourceful teacher in this school novel.

Grades 6-10

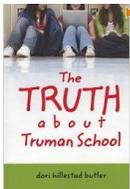
FICTION:



Stepping on the Cracks by Mary Downing Hahn (grades 6-8) In World War II, Margaret and Elizabeth are next door neighbors and best friends with vastly different personalities. Both have brothers who are in the service and they, like the rest of their families are worried about them. They are bullied by Gordy who becomes their archenemy. Then they discover the deserter brother that Gordy is hiding and caring for and the abusive home that is the cause of Gordy's behavior.



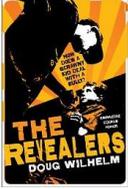
Racing the past by Deans, Sis Boulous (Gr 6-8) Ricky Gordon, 11, is dealing with the death of his abusive, alcoholic father and is tormented by the local bully, leaving him confused and angry. In order to avoid the bully on the bus, he starts to walking, then running back and forth to school. Author captures the rough, cruel, and foul-mouthed world of early adolescents.



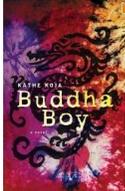
Truth about Truman School by Butler, D.H (Grades 6-9) Unable to write what administrators might deem sensitive subjects in the school newspaper, a student and her friend create an online newspaper. The intent is to give students a forum to discuss things that are of true interest however, the site becomes a malicious gossip website. This story is written in first person tone. It is a great, current day revelation of how exclusion, isolation and anonymity of internet postings can create a tangled web of cruel and insensitive verbal abuse. It is appropriate for the middle school age group.

Midway

Recommended Reading List

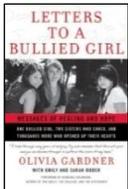


The Revealers by Wilhelm, D (Grades 6-9) Three 9th grade students who experience bullying everyday create an underground online newspaper to expose the schools culture of bullying. They bring similar stories of emotional and physical bullying to the forefront which causes many students to rally for the underdog. This story gives empowerment to the out casts and turns the table on a common problem.



Buddha Boy by Koja, K. (Grades 6-10) Voted as an ALA Best Book for young adults, this story is seen through the eyes of Justin a typical, well liked high school student who befriends outcast Jinson, who is dubbed Buddha boy because of his shaved head and beliefs in Buddhism. The boys connect through a similar appreciation for art, and Justin learns about Jinson's strength of character and nonviolent ways. Acceptance and tolerance are key themes.

NONFICTION:



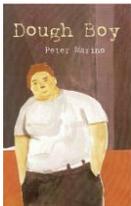
Letters to a Bullied Girl: Messages of Hope & Healing by Gardner, O and E & S Buder (grades 6-9) A selection of some of the over 4,000 letters written in response to a letter writing campaign two teenagers initiated in reaction to a local teenage girl who was being bullied at school and over the internet. A collection of heartfelt responses from people all over the world who were remorseful for having been a bully or thoughts of inspiration from those that were bullied.

Grades 7-10

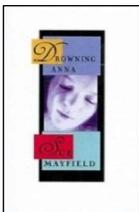
FICTION:



Carlos Is Gonna Get It by Kevin Emerson (grades 7-8) is told from the point of view of seventh grader, Trina and her friends who have had it with Carlos' acting out in class. He talks in a funny voice and itches incessantly. Now they've hatched a plan to teach him a lesson -- but Trina's having second thoughts. Paints a realistic picture of the bullying and interpersonal dramas of middle school.



Dough Boy by Marino, Peter (Gr. 7-10) Fifteen-year-old Tristan has always been fat. This has never particularly bothered him because his best friend Marcos has always shielded him from bullies. All that changes and Tristan is miserable but he hesitates to tell his parents. Marino explores not only bullying and body issues but also blended families.

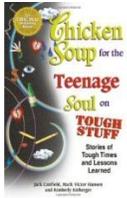


Drowning Anna by Mayfield, Sue (Gr 7-10) This intense novel recounts Anna's two year history with the school bully Hayley, an adept manipulator. Hayley draws people in to learn their sensitivities and secrets, then launches whisper campaigns against them. Once she has totally isolated her victim via social ostracism, she launches physical attacks. As a result, Anna begins to cut herself, and eventually attempts suicide.

Midway

Recommended Reading List

NONFICTION:

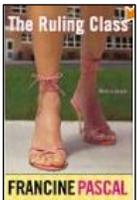


Chicken soup for teenage soul IV by Canfield Teen (grades 7-12) Contributors share their thoughts and feelings on difficult issues, ranging from poor self-image to thoughts of suicide, from family discord to coping with the loss, from peer pressure to school violence.

Grades 8-11



The sweetheart of Prosper County by Alexander, Jill (Gr 8 and up) Austin has been tormented mercilessly since the fourth grade by Dean Ottmer, so when Dean harasses her at the local parade about her flat chest she decides that now is the time to change her life or spend the rest of it as the butt of his jokes. Finding has to find the confidence to stand up for herself. This is a humorous story that touches on bullying and politics in a small town.

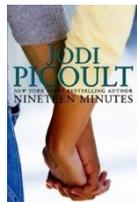


The ruling class by Pascal, Francine (Gr. 8-11) When she moves to an upscale Dallas neighborhood, 16-year-old Twyla Gay becomes the target of bullying so ferocious that she considers dropping out of school: "If this kind of pain were physical, I'd be bleeding to death." Instead, she takes on her tormentors--members of an elite clique of girls, the Ruling Class.

Grades 10-12 | FICTION



The Kite Runner by Hosseini, K (Grades 10-12) A young boy's inability to stand up and fight off a group of bullies defiling his loyal friend breaks the bond between them and resonates throughout his entire life. The story takes place in Afghanistan weaving the cultural traditions in the story of class separation. However, the primary theme of friendship, loyalty and redemption could have taken place anywhere. A New York Times #1 Bestseller has an engaging storyline that conveys a solid message through ironic twists of fate.



Nineteen Minutes by Piccoult, J (Grades 10-12) Award winning author, Jodi Piccoult gives a straight forward look at bullying and its consequences that end in a violent school shooting. The story follows twelve years of torment experienced by Peter Houghton. A childhood friend who witnesses his torment and parents blind to the effects of bullying raises many moral questions; it may lead to thought provoking open discussions among teachers and students that are necessary.

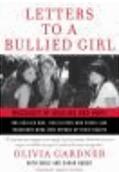
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Recommended Reading List

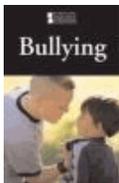
Young Adult | NONFICTION



Bullying and Hazing by Jill Hamilton, book editor



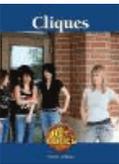
Letters to a bullied girl : messages of healing and hope by Gardner, Olivia



Bullying by Beth Rosenthal, book editor



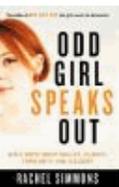
Frequently asked questions about cyberbullying by Breguet, Teri



Cliques by Allman, Toney



Living with peer pressure and bullying by Tarshis, Thomas Paul



Odd girl speaks out : girls write about bullies, cliques, popularity, and jealousy by Rachel Simmons



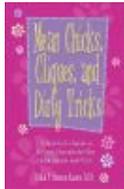
Please stop laughing at me: one woman's inspirational story by Blanco, Jodee

Midway

Recommended Reading List



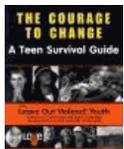
The courage to be yourself : true stories by teens about cliques, conflicts, and overcoming peer pressure edited by Al Desetta



Mean chicks, cliques, and dirty tricks : a real girl's guide to getting through the day with smarts and style by Karres, Erika V. Shearin



Youth with aggression issues : bullying and violence by McIntosh, Kenneth



The courage to change : a teen survival guide by the Leave out Violence Youth ; compiled by Brenda Zosky Proulx



Cyberbullying by Lauri S. Friedman, book editor



Bullying : how to deal with taunting, teasing, and tormenting by Winkler, Kathleen



The how rude! handbook of school manners for teens : civility in the hallowed halls by Packer, Alex J.